

## **Evaluation Results of Second Fibromyalgia Conference**

**May 10, 2008**

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Attached are the results of the Second Fibromyalgia Conference that was held on Saturday, May 10, 2008 at the Price Chopper community Room in Schenectady, New York. The results indicate the summary of actual ratings by the participants and unedited comments from the evaluation sheets. In addition, I am providing the following conclusions/implications from the data:

1. The Second Fibromyalgia Conference was a definite success as evidenced by the fact that 95% of the respondents answering the first question indicated that their overall reaction to the Conference was Excellent or Good. Not one of the respondents indicated that the Conference Needs Improvement.
2. The moderator and the presenters all received positive ratings with the highest ratings going to Dr. Sue Shipe, Moderator, Dr. Jonathon Cooper, Psychiatrist, and Lorraine Calleri, who addressed Coping Strategies.
3. The broad spectrum of topics was well received and appreciated.
4. Participants appreciated the opportunity to network with others who shared health issues and to know that they were not alone.
5. Participants enjoyed the food, facility, and location but several indicated that the temperature in the building was too cool.
6. Future conferences are recommended but structured around a format that provides more break time and more time for interaction with the presenters.
7. A session entitled, What Works for You, would be a positive addition to the program for next year. This session would need an effective moderator but would encourage active participation from the attendees.
8. The International Institute for Human Empowerment, Inc. deserves accolades for sponsoring such an effective conference which met a definite health need in the capital area.
9. The evaluations were filled with positive energy and enthusiasm. The following comment summarizes the conference: "It was a wonderful conference – well planned out and put together with thoughtfulness."